

B.S. Degree in Recreation, Sport, and Tourism Management (RSTM)

2020-21 Catalog of Courses



University of Idaho
College of Education,
Health and Human Sciences

**Courses that are online or have an online option*

RSTM Core Course Requirements: 16 credits (credits for each course are listed below)

*RSTM 104	Recreation, Sport, and Tourism to Promote Healthy Communities	(F)	3
*MVSC 201	PA, Wellness & Behavior Change for Healthy Active Lifestyles	(F, S, Su)	3
*RSTM 280	Practicum in Recreation, Sport, and Tourism	(F, S, Su)	1
*RSTM 498	Internship in Recreation, Sport, and Tourism	(F, S, Su)	9

RSTM Studies: Select a minimum of 9 credits of additional courses from the following:

*RSTM 107	Outdoor Recreation and Adventure Sports	(S)	3
RSTM 424	Inclusive Physical Education and Recreation	(F)	3
*RSTM 425	Programming and Marketing in Movement and Leisure Sciences	(F)	3
*PEP 430	Activity and Health in Movement and Leisure Sciences	(F)	3
*RSTM 485	Trends and Policies in Recreation, Sport, and Tourism	(S)	3

RSTM Electives: Select a minimum of 5 credits of additional courses from the following:

PEP 275/475	Moral Reasoning and Sport	(S)	2
RSTM 310	Outdoor and Adventure Leadership	(F)	3
*RSTM 380	Principles of Travel and Tourism	(S, Odd)	3
*RSTM 408	Experiential Education and Adventure Recreation	(F, Odd)	3
RSTM 455	Design & Analysis of Research in Movement Sciences	(F, S)	3
MVSC 486	Healthy Active Lifestyle Assessment and Intervention	(S)	3
*RSTM 490	Experience & Event Management in RSTM	(S, Even)	3

And/or Other RSTM and IFIT electives as available and as approved by your RSTM advisor:

RSTM 203/204	Professional Workshop, Special Topics	(F, S)	1
RSTM 299/499	Directed Study, including instructional study and experience	(F, S)	1-3
(Elective options continue on the next page, including outdoor recreation courses)			

RSTM 216	River Reading and Watercraft Safety	(F, Even)	3
RSTM 218	Rock Climbing and Mountaineering	(S, Odd)	3
RSTM 222	Cross-Country Skiing	(S, Odd)	1
RSTM 224	Whitewater Rafting	(F, Odd)	1
RSTM 227	Mountain Biking	(F, Even)	1
RSTM 228	Avalanche Fundamentals	(S, Even)	2
RSTM 229	Swiftwater Rescue Training	(S, Odd)	2
RSTM 231	Alpine Skiing	(S, Even)	2
IFIT Courses	Several options are available each year	(F, S, Su)	1

Select one ENGL of the following: **3**

- *ENGL 207 Persuasive Writing
- *ENGL 313 Business Writing
- *ENGL 317 Technical Writing

Select one COM of the following: **3**

- *COM 233 Intrapersonal Communication
- *COM 335 Intercultural Communication
- *COM 347 Persuasion
- *COM 355 Organizational Communication

Minimum Total RSTM Major Hours: **36**

Courses to total 120 credits for this degree

Transfer Students: Our faculty and advisors work hard to ensure that all comparable courses from other institutions are counted in our curriculum as allowed within the university's policies and procedures.

Key:

F – Fall

S – Spring

Su – Summer

Odd – Odd Calendar Years

Even – Even Calendar Years



Recreation, Sport, and Tourism Management (RSTM)

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